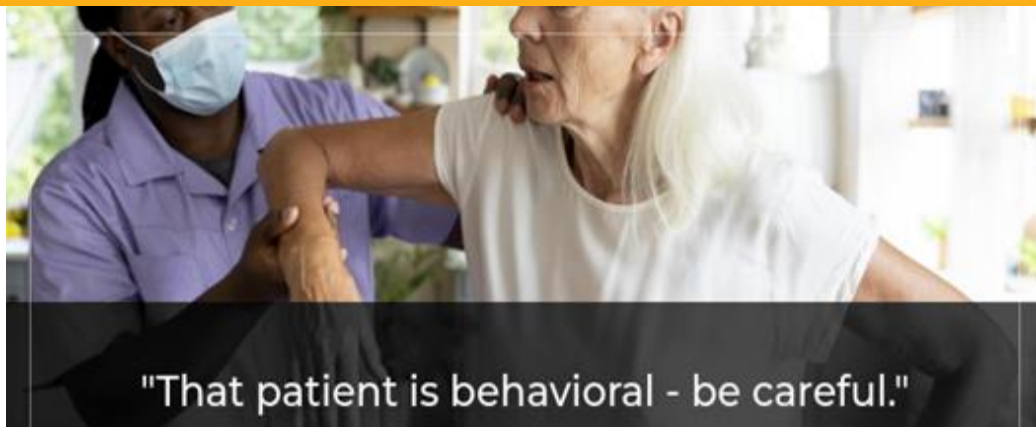


# Positive Approaches to Behavior Management in Rehabilitation

JEFFERSON MOSS-MAGEE REHABILITATION



How can busy clinicians maximize patient engagement, accomplish the goals of a treatment session, and manage challenging behaviors *at the same time*?

*Photo from Freepik.com*

Thursday, May 23, 2024

Live Webinar - 5:00 to 8:00 PM

3 contact hours

0.3 CEUs

This introductory-level webinar will provide participants with a new mindset about their distressed patients and a toolkit for managing unwanted behaviors with compassion.

Armed with a new understanding - that behaviors are influenced by a person's interaction with their environment and communicate unmet needs - clinicians can address problems in real time.

The course will **introduce evidence-based approaches to assessing and managing behaviors commonly observed in rehabilitation settings** - namely aggression, anxiety, and irritability. This toolkit of strategies is universally applicable to any rehab setting and neurological condition.

The program looks at who is most at risk for agitation. Clinicians will identify how and when to use verbal and nonverbal interventions, de-escalation, cognitive-behavioral techniques, and environmental modifications to improve therapy participation.

**Target Audience:** Physical Therapists, Physical Therapy Assistants, Occupational Therapists, and Occupational Therapy Assistants.

**Speaker:** SHERYL BERARDINELLI, PSY.D., ABPP has extensive experience providing psychology and mental health services for neurologic conditions and brain injuries. Currently, she is the Neuropsychology Supervisor for Jefferson Moss-Magee Rehabilitation's Stroke Program in Elkins Park, PA. Prior to that, Dr. Berardinelli served as Senior Neuropsychologist at Bancroft NeuroRehab Center for Brain Injury Rehabilitation in Mt. Laurel, NJ.

Dr. Berardinelli is an Adjunct Professor at Widener University's Institute for Graduate Clinical Psychology. She has also served as Staff Psychologist in MossRehab's Neuro Mental Health Clinic/Outpatient Psychiatry Dept.

Dr. Berardinelli has published numerous articles and held presentations on rehabilitation psychology and behavior management in neurorehab settings. She is a Board-Certified Diplomate in Rehabilitation Psychology, and an active member of the Board of Psychological Examiners of Pennsylvania and the Board of New Jersey Psychological Examiners.

## Learning Objectives

- Discuss how behaviors can be influenced by the person's interaction with their environment.
- Describe evidence-based approaches to assessing and managing behaviors commonly observed in rehabilitation settings.
- Summarize therapeutic practices that include verbal and nonverbal interventions, de-escalation and cognitive-behavioral techniques, and environmental modifications to address behaviors that affect patient engagement.

## Agenda

5:00 PM

**Understanding behavior: a new mindset for clinicians.**

6:00 PM

**Evidence-based approaches to assessing and managing behaviors.**

7:00 PM

**Interventions, de-escalation, cognitive-behavioral techniques, and environmental modifications.**

*Question & Answer session follows*

Register online at:  
[mossrehab.com/continuing education](https://mossrehab.com/continuing-education)

General admission: \$50

Jefferson Moss-Magee Rehabilitation per diem employees: \$25

Jefferson Moss-Magee Rehabilitation full and part time employees: Free

This program has been approved for 0.3 CEUs by:

Pennsylvania State Board of Physical Therapy: Thomas Jefferson College of Rehabilitation Sciences is an approved provider of continuing education credits for the PA State Board of Physical Therapy.



CEUs have been submitted to:

- American Occupational Therapy Association
- NJ State Board of Physical Therapy Examiners



**Occupational Therapy Accreditation Statement:** Jefferson Moss-Magee Rehabilitation is an American Occupational Therapy Association (AOTA) approved provider of professional development. This Distance Learning-Interactive Course is offered at 0.3 CEUs, educational level Introductory, OT Service Delivery and Foundational Knowledge categories. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

**Speaker Disclosures:** Sheryl Berardinelli is an employee of Jefferson Moss-Magee Rehabilitation and will receive a fee for speaking. She does not have a non-financial disclosure.

**Requirement for successful course completion:** Satisfactory completion of the continuing education units consists of full attendance with monitored online sign-in, and completion of an online course feedback form (self-assessment) and post test.

**Conflict of interest statement:** Faculty and all others who have the ability to control the content of continuing education activities sponsored by Jefferson Moss-Magee Rehabilitation are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

**Cancellation Policy:** All cancellations must be submitted to Jefferson Moss-Magee Rehabilitation in writing. Please explain the circumstances of the cancellation in a fax or e-mail to ensure a timely response. For cancellations from 2 to 7 days prior to the course there is a 50% non-refundable administrative processing fee. For no shows and cancellations within 1 day of the course, there are no refunds. Jefferson Moss-Magee Rehabilitation will reimburse you the cost of the registration, if we have to cancel a course due to low enrollment, weather, or an emergency situation. We are not responsible for any other costs associated with attending a conference. If you are on the waiting list of a course and do not get in, we will not charge your credit card; if you paid by check we will send the check back to you. In the event that a course is rescheduled we will provide you the option of applying the tuition towards the rescheduled course in lieu of a full refund.

**Non-discrimination Statement:** Jefferson Moss-Magee Rehabilitation unconditionally complies with Americans with Disabilities Act, endorses, and supports the intent and objectives of Title VI of the Civil Rights Act of 1964 (as amended) and Section 504 of the Rehabilitation Act which together prohibit discrimination on the basis of age, sex, race, creed, color, national origin, sexual orientation and physical or mental disability.

**Special Needs:** If you have special needs that we can address to make your participation more enjoyable, call us at 215-663-6530.